

*Updated May 2021*

## **COVID-19 Office Policy**

*Information is subject to change pending state/federal guidelines and recommendations.*

At Sunflower Counseling Services, PLLC we aim to continue to provide effective therapy services while also providing a safe place for both clients and staff. Telehealth sessions will continue to be offered and in-person therapy sessions at the discretion of both the therapist and client.

Please read the following carefully as it relates to COVID-19 policy and procedures:

- If you have symptoms related to COVID-19, please notify your therapist before your next session so that arrangements can be made for telehealth, if possible.
- If you have a pending COVID-19 test or have done any extensive travel, please notify your therapist to request a telehealth appointment, if possible.
- If you have a positive COVID-19 test, please notify your therapist and cancel any upcoming in-person session for two weeks after your positive test date.
- Regarding masks, wearing masks inside the office is at the client's discretion at this time.
- We ask clients and staff to follow the safety guidelines below as best as possible:
  - Practice good hand hygiene with soap and/or hand sanitizer.
  - Maintain social distancing of 6 feet when possible.
  - Waiting room is open for client use; waiting in your car until session time is at client discretion at this time.
  - Office high-touch areas will continue to be sanitized throughout the day by staff.

Please contact the office with any questions or concerns at 901-232-1956.